

Esophagogastroduodenoscopy (EGD)

Preparation Instructions

We will call you to confirm within 72 hours of your appointment.

- If you are taking any GLP-1 Agonist medications e.g. Munjaro, Ozempic, Trulicity etc., Please hold off on the medicine for a week prior to your procedure. You may refer back to your endocrinologist or PCP for further instructions.
- **The day prior to Your procedure:**
 - Breakfast: NO diet restrictions
 - After Breakfast until 8 hours prior to your procedure: Clear Liquids only, NO red or purple drinks
- **8 hours prior to your procedure:** NOTHING by MOUTH including water.
- We suggest that you bring a companion to accompany you home.
Driving is not allowed the day of procedure.
- We prefer you stop taking Motrin/ Aleve/ Ibuprofen (NSAIDS) 1-2 days prior to your procedure. Tylenol is fine to take if needed for pain. If you regularly take Asprin/ Plavix or blood thinners, please contact our GI Nurse or your cardiologist for instructions. You can expect to be in the office for at least 2 to 3 hours from the time you're checked in.
- One hour after your procedure you may resume your normal diet and regular medications. A slight sore throat is normal following the procedure. Gargling with warm salt water may help relieve soreness.
- If you have any questions or need to speak with the GI staff, please call (212) 223-0996 from 7:00 AM to 4:00 PM or email giteam@momnyc.com.

Additional Information

All patients must complete a GI consult within 30-days prior to any scheduled procedure. This consult is required in order to get approval for anesthesia for the procedure. Your physician may require a cardiac evaluation prior to your procedure.

Insurance Clearance And Coverage Info

Many insurance plans have in-network or out-of-network co-pays, deductibles, and co-insurance that may not be determined by the insurance company until the claim has been submitted. In-network doctors **CANNOT legally waive or discount** co-pays, deductibles, or co-insurance.

Please bring a CREDIT CARD on the day of the procedure. This will be kept in our files to cover any out-of-pocket costs. If any costs are not covered, you will be notified by our anesthesia billing department, **Diana (718) 974-9742.**

Anesthesia Coverage

Our anesthesiologists are **Dr. Carlon** and **Dr. DiGiovanni**. We will make any reasonable efforts to contact you before the procedure to discuss your expected out-of-pocket costs, if any. For Anesthesia questions or anesthesia billing questions, you can reach **Dr. Carlon** directly via phone **(646) 244-0950**, email **gccarlon@gmail.com**, or through his assistant **Diana (718) 974-9742.**

General Contact

Medical Offices of Manhattan GI Endoscopy Suite

Address	Phone	Fax	Email
201 East 65th St. New York, NY 10065	(212) 223-0996	(212) 249-7580	giteam@momnyc.com (Please email your vaccine card)

Contact

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Special Instructions