

Esophagogastroduodenoscopy (EGD) Preparation Instructions

We will call you to confirm within 72 hours of your appointment.

- **Do not eat or drink anything (including water) 8 hours prior to your procedure.**
- We suggest that you bring a companion to accompany you home.
Driving is not allowed the day of procedure.
- We prefer you stop taking Motrin/ Aleve/ Ibuprofen (NSAIDS) 1-2 days prior to your procedure. Tylenol is fine to take if needed for pain. If you regularly take Aspirin/ Plavix or blood thinners, please contact our GI Nurse or your cardiologist for instructions. You can expect to be in the office for at least 2 to 3 hours from the time you're checked in.
- One hour after your procedure you may resume your normal diet and regular medications. A slight sore throat is normal following the procedure. Gargling with warm salt water may help relieve soreness.
- If you have any questions or need to speak with the GI staff, please call (212) 223-0996 from 7:00 AM to 4:00 PM or email giteam@momnyc.com.

Contact

Medical Offices of Manhattan GI Endoscopy Suite

Address

201 East 65th St.
New York, NY 10065

Phone

(212) 223-0996

Fax

(212) 249-7580

Email

giteam@momnyc.com
(Please email your vaccine card)

Special Instructions