

# Medical Offices of Manhattan

GI ENDOSCOPY SUITE  
201 EAST 65<sup>TH</sup> STREET  
NEW YORK, NY 10065

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## ESOPHAGOGASTRODUODENOSCOPY (EGD) PREPARATION INSTRUCTIONS

Appointment Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

DR. BRUCE YAFFE

Appointment Time: \_\_\_\_\_

DR. MEJDI AHMAD

DR. ROBERT MELTZER

1. We will call you to confirm within 72 hours of your appointment to review these instructions.
2. **DO NOT EAT OR DRINK ANYTHING (including water) AFTER MIDNIGHT ON THE NIGHT PRIOR TO YOUR PROCEDURE.**
3. A responsible adult should accompany you home from the procedure.
4. **Do not take Aspirin, NSAIDS (Motrin, Ibuprofen, etc.), Coumadin, Plavix or any blood thinners for 3 days prior to your procedure.** If you have any questions about this, please discuss with your GI doctor.
5. One hour after your procedure you may resume your normal diet and regular medications. A slight sore throat is normal following the procedure. Gargling with warm salt water may help relieve soreness.
6. If you have any questions or need to speak with the GI staff, please call (212) 223-0996 from 7:00AM to 4:00PM or email [GITEAM@MOMNYC.COM](mailto:GITEAM@MOMNYC.COM).

### **COVID-19 Information:**

- Patients who have completed either the Pfizer/Moderna (2 shots) or Johnson & Johnson (1 shot) vaccine at least 2 weeks prior, do not require COVID-19 swab testing. A copy of the vaccine card is required.
- All other patients are required to have COVID-19 swab testing within 5 days of the procedure.

**Additional Information:**

All patients must a GI consult within 30 days of any scheduled procedure. This consult is required in order to get approval for anesthesia for the procedure.

**Insurance Clearance and Coverage Info:**

Many insurance plans have in-network or out-of-network co-pays, deductibles, and co-insurance that may not be determined by the insurance company until the claim has been submitted. In-network doctors **CANNOT legally waive or discount** co-pays, deductibles, or co-insurance.

Please **bring a CREDIT CARD on the day of the procedure**. This will be kept in our files to cover any out-of-pocket costs. If any costs are not covered, you will be notified by our anesthesia billing department (Diana 718-974-9742).

**Anesthesia Coverage:**

Our anesthesiologists are Dr. Carlon and Dr. DiGiovanni. We will make any reasonable efforts to contact you before the procedure to discuss your expected out-of-pocket costs, if any. For anesthesia questions or anesthesia billing questions, you can reach Dr. Carlon directly via phone (646) 244-0950, email [gccarlon@gmail.com](mailto:gccarlon@gmail.com), or his assistant Diana (718) 974-9742.