

MEDICAL OFFICES OF MANHATTAN

Midtown East • 211 East 51st St.
P: 212-398-1709 · F: 646-449-8909
Upper East Side • 201 East 65th St.
P: 212-879-4700 · F: 212-249-7580
Columbus Circle • 330 W 58th St. #301 P:
212-769-4200 · F: 212-871-1834

ENDOSCOPY (GASTRO or EGD) INSTRUCTIONS

1. Your procedure is scheduled at 201 E 65th Street MOM Office on

2. We will call you to confirm within 72 hours of your appointment to review these instructions.

3. DO NOT EAT OR DRINK ANYTHING (including water) AFTER MIDNIGHT ON THE NIGHT PRIOR TO YOUR PROCEDURE.

4. A responsible adult should accompany you home from the test.

5. Do Not take aspirin, NSAIDs (Motrin, Ibuprofen, etc), Coumadin, Plavix or any blood thinners for 3 days prior to your procedure. If you have questions about this, please discuss with your GI doctor.

6. One hour after your procedure you may resume normal diet and regular medications. A slight sore throat is normal following the procedure. Gargling with warm salt water may help relieve soreness.

7. If you have any questions or need to speak with the GI Staff, please call 212-223-0996 from 7:00 am to 4pm.

8. Please note: A Covid-19 Nasal Swab is now required by state law within 5 days of your EGD.

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Denise Pate, MD - Andrea Culliford, MD . Anisha Patel, DO · Bruce Yaffe, MD. Christine Kakoulas, MD Emmanuel Gelin, MD - Jyoti Kini, MD - Jared Braunstein, DO Erik Schmidt, MD · Lisa Alex, MD Justin Amarnani, MD · Karnika Kapoor, DO · Yevgeniy Vaynkof, MD · Kamila Seilhan, DO · Karnika Kapoor, DO Linda Wang, MD · Ronald Ruden, MD · Paunel Vukasinov, MD · Lisa Kalik, MD · Daniel Kim, DO · Josephine Julian, MD